CANDO 🕱

circular (16" diameter)

balance trainers

CanDo® Balance Board Combo™

- each board comes with 2 balls: use both for a rocker board, use 1 for a wobble or asymmetric wobble board
- strengthen and condition lower body
- improve ankle ROM, balance, body awareness and develop joint mobility and reaction skills
- durable, heavy-duty and non-skid, yet lightweight and compact for portability
- each board has handles/slots to add band or tubing
- additional balls and boards sold on page 69

	yellow	x-easy	1" height	7°		10-2020	40.00
	red	easy	1.5" height	11°		10-2021	42.50
	green	moderate	2" height	14°		10-2022	45.00
	blue	difficult	2.5" height	18°		10-2023	47.50
	black	x-difficult	3" height	21°		10-2024	50.00
tilt							
rectangular (15" x 18")			15"	18"			
	yellow	x-easy	1" height	7°	7°	10-2030	40.00
	rod	0001	1.5" hoight	110	10°	10 2021	12.50

15°

16°

19°

2.5" height 18°

10-2032

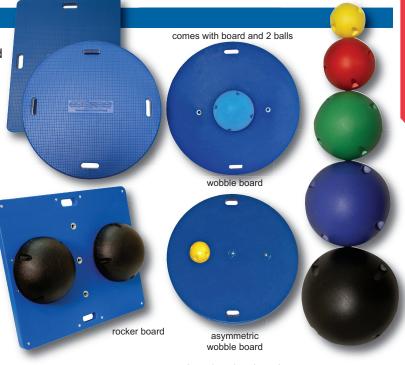
10-2033

10-2034

45.00

47.50

50.00



economical choice! each board does the job of 3

Thera-Band® balance boards

moderate 2" height

x-difficult 3" height

difficult



anti-slip base with a sensory stimulation surface offers a new performance level to balance training

rocker board (front-back)

75.00 10-1184 rocker

wobble board (all directions)

75.00 10-1185 wobble

CanDo[®] modular stability trainer

CanDo® Board-on-Stone™ balance trainer

combine products for a multitude of uses!



- use to challenge balance skills
- combines the balance disc and non-slip board to make a stability trainer
- stack discs or use smaller board for added difficulty
- stand on disc and shift weight to perform stability exercises

board and stability disc (35cm disc)

10-1705	16" advanced	42.50
10-1706	20" intermediate	50.00
10-1707	30" beginner	65.00

- to increase difficulty inflate stone, use larger stone, or smaller board
- place non-slip board on top of stone
- stone can be placed flat side up or down for varied difficulty

board and balance stone

10-1726	7" stone and 16" board 7" stone and 20" board 7" stone and 30" board	30.00 40.00 52.50
	13" stone and 16" board 13" stone and 20" board	
	13" stone and 30" board	

boards only - use with disc and balance stone

10-1700	16" circular	25.00
10-1701	20" circular	35.00
10-1702	30" circular	50.00