



slide board



- great for lateral slide training and plyometrics
- 6' length - non adjustable
- 22" width
- rollable with storage/carry strap (included)
- includes 2 nylon booties
- sliding surface is made of high-density polyethylene

10-1137 slide board with 2 booties 162.50



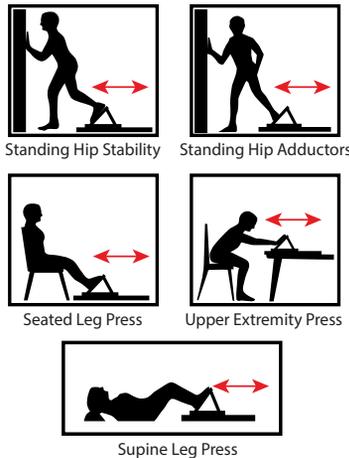
exercise system



- training techniques enable strength training without the use of weights
- provides resistance along horizontal, vertical, rotational and diagonal vectors
- targets stability, mobility, strength, balance, speed and power
- exercise based on high friction
- boards come with 2 foot, 2 hand and 1 knee pad

10-0290 Sport exercise board, 55" x 39" rollable mat, DVD, carry bag and manual 300.00
 10-0291 Pro exercise board, non-rollable, 55" x 39" 500.00
 10-0293 Physio exercise board, non-rollable, 38½" x 26¾" 400.00

SHUTTLE MiniPress



- for hip replacement and fractures, total knee and ACL, shoulder surgery and senior citizens
- smooth resistance for flexion and extension rehab or maintenance exercises
- use chair or wheelchair, floor, mat table or bed for lower body protocols. Use tabletop for upper body protocols
- lightweight, small and portable make it ideal for home use and or in-room patient use
- unit has carry handles and wheels

Features (mini-lite / mini): adjustable 75° foot plate (4/6 positions): distance (14/20"): length/weight (13 x 36", 15 lb/12 x 42", 15 lb):

10-0635 MiniPress lite: 23-50 lb, resistance (3 black, 1 red cord) 600.00
 10-0634 MiniPress: 37-80 lb, resistance (5 black, 1 red cord) 900.00

CANDO vestibular stepper



- foot-shaped inflatable pods for vestibular challenge
- air moves back and forth between foot chambers
- inflate/deflate with basketball pump
- portable vestibular trainer can be used anywhere

30-1936 vestibular stepper 27.50