# CANDO 🕱

## hand exercisers

## CanDo<sup>®</sup> Digi-Extend<sup>®</sup> finger extension exerciser





- facilitates extension and flexion exercises
- isolate extension of all fingers and individual finger joints
- develop isolated finger strength, flexibility and coordination
- vary resistance by changing to a different color-coded rubber band
- 4 color-coded resistance band levels included tan yellow red green allow each muscle or joint to work at a comfortable level and build as increased strength is achieved (5 tan, 4 yellow, 3 red, 2 green)
- for rehabilitation of carpal tunnel, arthritis, stroke, fractures, tendon injury, nerve lacerations, tennis elbow and more
- exercise pamphlet included

#### exerciser

Digi-Extend® unit with color-coded bands and instructions.

10-0775 Digi-Extend® unit 20.00

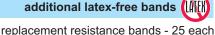
#### clinic set

set contains 4 Digi-Extend® units with color-coded bands and metal stand

112.50 10-0757 clinic set w/stand

metal stand

10-0756 stand only 40.00



ton	voc limbt	10-1850	5.00	
tan	xx-light	10-1000	5.00	
yellow	x-light	10-1851	5.00	
red	light	10-1852	5.00	
green	medium	10-1853	5.00	
blue	heavy	10-1854	5.00	

25 latex-free bands - 5 each color tan yel red grn blu set 10-1855

### CanDo® Xtensor® hand strengthener

- effective for hand therapy, tennis elbow, flexor tendon repair, post surgery rehabilitation
- increase grip strength and promote flexibility in the palms. Replicate full natural path of motion with reverse grip technology
- instructions included
- comes with set of finger bands

10-0960B	Xtensor® (blue)	30.00			
10-0962	foam cushion pad for Xtensor®	3.00			
10-0963-8	additional finger bands (8 ea)	10.00			
10-0964-8	additional thumb bands (8 ea)	10.00			
2 comfort pads are included with each Xtensor®					



thumb slot on both sides of unit to fit either hand

## some exercises for the Digi-Extend® exerciser

thumb extension

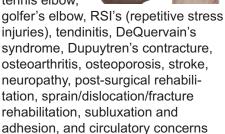




# HandMaster Plus™

strengthens hand muscles

use to treat carpal tunnel syndrome. tennis elbow,



- use for flexion and extension
- instructions included

10-0784	soft	(purple ball, yellow cord)	17.50
10-0785	medium	(red ball, black cord)	17.50
10-0786	hard	(orange ball, gray cord)	17.50

10-0787 set of 3 progressive resistances 25.00