

lung capacity, body composition and flexibility

Baseline® spirometer



- compact, lightweight spirometer for screening large populations
- subject blows into disposable mouthpiece; stays at max until reset
- indicator registers forced vital lung capacity up to 7 liters

additional dispos	able
mouthpieces	

spirometer		
12-1710	spirometer w/ 50 plastic mouthpieces	150.00
	spirometer accessories	
12-1711	100 plastic mouthpieces	25.00
12-1714	250 disposable mouthpieces	25.00
12-1712	500 disposable mouthpieces	50.00
12-1713	1000 disposable mouthpieces	75.00

Baseline® body fat scale



- tempered glass scale measures weight, body fat %, water %, muscle %, bone density
- features an LCD screen, auto on, 5 activity levels and memory for 12 users
- 330 lb/150 kg capacity
- 4% 45% body fat; 37.8% 66% body water
- 0.2 lb/0.1% BF/water resolution
- 12-person memory
- 12½"L x 12¼"W x 2"H
- 3V battery included

12-1190 body fat scale 45.00

Omron® body monitor scales

HBF-510W body composition

- measures body fat %, BMI, weight, skeletal muscle and visceral fat
- 4-person memory
- 4 AA batteries included

12-1193 Omron® HBF-510W 80.00



HBF-400 fat loss monitor

displays weight, BMI and body fat %

■ 4-person memory

4 AA batteries included

12-1192 Omron® HBF-400 60.00



Baseline® Sit 'n Reach® trunk flexibility test

- perform sit 'n reach flexibility tests
- measurements include: fitness, program, Cooper Institute/YMCA, SHAPE America (formally known as AAHPERD)
- scales printed in cm and inches
- sturdy metal construction with a built-in foot plate and a maximum stretch indicator that remains until reset
- deluxe model offers adjustable start point
- deluxe model can be used to normalize scores to account for variation in the arm and leg length of the person being tested

12-1085 standard 125.00 12-1086 deluxe 200.00

