



inflatable exercise saddle rolls

- improve balance, coordination and flexibility
- aids in developing muscles, coordination and balance
- non-slip surface is ribbed for extra security
- motion is limited to one-direction
- supports up to 300 lbs (136 kg)

Precautions

- Perform exercises in a slow and controlled motion, in an open area.
- Maintain proper posture throughout exercise session.

CAUTION

- Consult your healthcare professional before beginning your rehabilitation or exercise program.
- For use under professional supervision or direction.
- Inflatable rolls are not puncture-proof and may cause serious bodily injury.
- Exercise away from sharp objects that might puncture the ball or cause you injury. Remove sharp objects (i.e. rings) before you begin using your ball.
- Keep away from heat sources and direct sunlight.

Inflation

Size reflects dimensions at maximum inflation. For best results, use an electric inflater to inflate the ball to its approximate size. Wait 24 hours, then finish the inflation process using a manual inflation pump. Do not over-inflate. You may under inflate for a soft, mushy feel.

Sizing

Available ball sizes: (diameter is at maximum height)

| REF | color | diameter x length |
|---------|--------|--------------------------------|
| 30-1725 | yellow | 16 in (40 cm) x 35 in (90 cm) |
| 30-1726 | orange | 20 in (50 cm) x 39 in (100 cm) |
| 30-1727 | green | 24 in (60 cm) x 43 in (110 cm) |
| 30-1728 | red | 28 in (70 cm) x 47 in (120 cm) |
| 30-1729 | blue | 32 in (80 cm) x 51 in (130 cm) |



Fabrication Enterprises Inc.
250 Clearbrook Rd, Suite 240
Elmsford, NY 10523 (USA)
tel: +1-914-345-9300 • 800-431-2830
fax: +1-914-345-9800 • 800-634-5370
FabEnt.com



AJW Technology Consulting GmbH
Breite Strasse 3
40213 Düsseldorf (Germany)

