

BODY FAT ANALYZER USER'S MANUAL -- MODEL 12-1140

⚠ WARNING:

- Clean contact points before and after each use
- Ensure patient's skin is dry before testing
- Do not use on patients with electronic medical implants
- Follow proper placement guidelines
- Keep device away from water and excessive moisture
- Store in a clean, dry environment
- Replace batteries according to manufacturer specifications

Intended Purpose: The Baseline[®] Body Fat Analyzer is small and portable and is used to measure your percentage of body fat. Please read instructions carefully before use and as always, consult with your doctor before starting any exercise regime.

Warning:

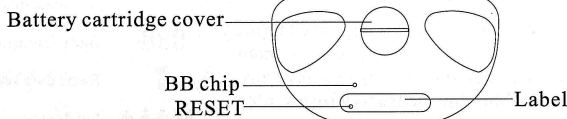
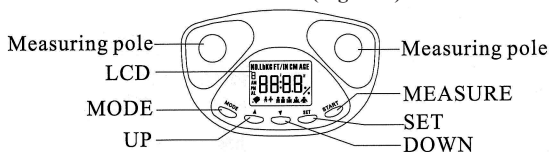
- Do not place unit near heat or direct sunshine.
- Keep unit clean. Do not dip it into any liquid and keep it away from fire.
- Avoid violent vibration or dropping.
- Do not dismantle this unit.
- The units indication of body fat ratio and determination of obesity is for reference only. If results are of concern, see your doctor for advice.
- Keep away from children and pets.
- Not intended for women who are pregnant or people with pacemakers.

Disposal Method

Dispose of item in accordance with the local/regional/national/international regulations.

Description:

Front View (Figure 1)



Rear View (Figure 2)

Clock and Alarm Clock Setting:

1. When the battery is first installed, unit will beep and enter the clock mode. The display will show '0:00'.
2. Press SET and hold it for 2 seconds. The display will flash '24 Hr'. Pressing ▲ will switch to '12Hr'. The ▲/▼ buttons will switch between both. Press SET to select. The value of hour will start blinking.
3. Press ▲/▼ to select HOUR, then press SET. Minute value starts blinking. Press ▲/▼ to select MINUTE, then press SET to finish the time setting.
4. In Clock mode, press MODE two times to enter the Alarm Clock mode. Press SET and hold it for 2 seconds. Display will start blinking. Press SET. Hour value will blink. Press ▲/▼ to select HOUR. Press SET to select minute value. Minute value starts blinking. Press ▲/▼ to select MINUTE. Press SET once more to finalize setting. Once the alarm time is set, press the SET button once again for 2 seconds. Now, if you press the ▲, the time will flash indicating the alarm is ON. By pressing the ▼, you turn alarm OFF and displays shows '--:--'
5. When alarm goes off, unit will prompt the user with a beeping sound and will automatically stop one minute later.

Personal Data Setting:

1. Up to 8 data settings can be stored on this unit. When in clock mode, pressing MODE once more makes position under NO. blink. Use the ▲/▼ to make your selection. Press SET.
2. Now display shows a flashing number representing WEIGHT. Use the ▲/▼ to make your selection. Press SET.
3. Next number flashing represents HEIGHT. Use the ▲/▼ to make your selection. Press SET.
4. Next number flashing represents AGE. Use the ▲/▼ to make your selection. Press SET.

- Next number flashing represents SEX. Use the ▲/▼ to make your selection. Press SET.
- To enter more data settings for different readings, follow the above steps.
- When you have selected the appropriate NO. for your reading, press START. '---' will flash. (See Figure 3).
- Place your thumbs on silver measuring poles and press firmly (Figure 4).
- After 5 seconds, your percent of body fat will be displayed as well as a blinking figure which represents your degree of fat. (See Figure 5).

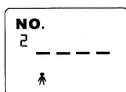


Figure 3

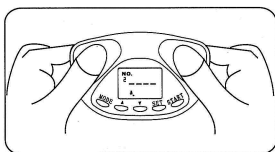


Figure 4

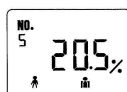


Figure 5

Measuring of body fat

- The amount of fluid inside human body will affect the reading of body fat. It's best to measure your body fat ratio in the evening. Since body fat readings may vary at different times of the day, take readings at same time for more accurate readings.
- It's recommended to measure body fat ratio twice a month.

Data virtual value

Memory: 8 Group Age: 10-99YEARS
Weight: 22 lbs.-550 lbs. Fat ratio: 5-50.5%
Height: 3'0"-9'11"

Precautions

- If there is no display or abnormal display, insert pen tip or paper clip in reset on back of unit. See Rear Layout on front of instructions.
- Do not place unit near heat or direct sunshine.
- Keep unit clean. Do not dip it into any liquid and keep it away from fire.
- Avoid violent vibration or dropping.
- Do not dismantle this unit.
- The units indication of body fat ratio and determination of obesity is for reference only. If results are of concern, see your doctor for advice.
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About errors

The causes for error message displayed on the measurement result as shown in Figure 6 may be the following:

- Thumbs are not in the correct position after having pressed the START key.
- The fingers are too dry during the measurement.
- Finger pads are not being pressed hard enough, causing poor contact.

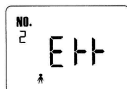


Figure 6

Symbols	
8888	Clock
AL	Alarm ringing
AM	AM
PM	PM
---	Waiting for thumbs putting on thus starting measuring
88.8%	Body fat ratio
NO B	Basic date scale
	Fat degree
♂	Male
♀	Female
Lb	Unit of weight
In	Unit of height
Year	Age
EET	Error in the measuring process or in the measuring results.

Power supply and battery

- This system uses one CR2025 lithium battery.
- When replacing batteries, use a coin to open the cartridge cover. Make sure battery is replaced properly (smooth surface facing you). Replace battery cover and turn counterclockwise to lock.

Fat Ratio Table

Sex	Age	Excessively Thin	Thin	Standard	Fat	Excessively Fat
male	10-99	below 10%	10%-14.4%	14.5%-24.9%	25%-34.9%	above 35%
female	10-99	below 10%	10%-19.9%	20%-29.9%	30%-34.9%	above 35%

Tolerance

This device measures body fat with an accuracy of $\pm 5\%$.