

Handy Grip[™] Weights

- Ergonomic for easy grasping.
- Attach non-slip ball to hand with adjustable webbing strap.
- Perform a variety of strength training exercises and movements.

Color-coded for easy identification.





REF	weight	color
10-0440	1 lb (0.45 kg)	tan
10-0441	2 lbs (0.90 kg)	yellow
10-0442	3 lbs (1.35 kg)	red
10-0443	4 lbs (1.80 kg)	green
10-0444	5 lbs (2.25 kg)	blue
Constant size: 6'	'long x 4" wide (2.4 cm x	1.6 cm)

⚠ WARNING

Exercise routines should be determined by a doctor, therapist, coach, or trainer.

(ATEX) This Product Contains Dry Natural Rubber.



Manufacturer and Master Distributor of Physical Therapy and Rehabilitation Products

CanDo, Handy Grip and **▼** are trademarks of Goldberg. ©2019, FEI

Fabrication Enterprises, Inc. PO Box 1500 White Plains, New York 10602

tel: 800-431-2830 +1-914-345-9300 fax: 800-634-5370 +1-914-345-9800

FabEnt.com