

Pivotal Therapy System™

The Pivotal Therapy System utilizes the progressively increased use of time and gravity to help reposition the spine and its soft tissue components. The components of this system help improve functional mobility and strengthen muscles which can reduce pain and improve spinal posture. Individuals should see improvement in pain, mobility and function within 3 to 4 weeks of use.

Guidelines For Use

Simply lie on the pivots in a pain free position. Specific guidelines regarding daily use of the Pivotal Therapy System should be provided by your healthcare professional.



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Magister M™



Made in United States

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Lumbar Pivot™ (00-4510)

The Lumbar Pivot is a useful tool to promote proper alignment of your lumbar spine (lordosis). It's beneficial for individuals with postural syndromes, myofascial pain, and general spinal pain.

Instructions:

- Place the flat side of Lumbar Pivot on the floor, treatment table or bed.
- Position your back on the Lumbar Pivot until you are in a pain-free position.
- Your health care professional may suggest specific exercises, including pelvic tilts, to strengthen the abdominal muscles and relieve low back pain.

