



Includes RecoveryAir Boots with Pneumatic Device

RecoveryAir Prime

Pneumatic Compression System

Advanced compression simplified for everybody.

Safe. Easy-to-use. Fast.

Our most efficient, simplified pneumatic compression solution to boost circulation. This easy-to-use system makes it possible for anybody to experience the benefits of our clinically-proven recovery technologies. You'll get guided recovery programs when you connect to the Therabody app via Bluetooth. Sit back, relax, and recover with this essential solution.

RecoveryAir Difference

TruGrade Technology: RecoveryAir's TruGrade Technology™ creates precise pressure, starting from your feet moving toward your heart, to temporarily increase circulation to the treated area.

FastFlush Technology: Aids in recovery by completing one full cycle in just 60 seconds. 2-3x faster than competitors

What Is Pneumatic Compression?

RecoveryAir's pneumatic compression is "mechanical massage", built to boost circulation, decrease swelling, and reduce muscle soreness and fatigue.

- Benefits:**
- Boosts circulation
 - Reduces muscle soreness
 - Decreases swelling and stiffness
 - Relieves muscle fatigue

Compatibility: RecoveryAir Compression Sleeve (each sold separately)

Features:

60 second full flush
FastFlush Technology



4 internal overlapping chambers
Superior, hygienic design



Precise pressure control
Safe & effective



2 customizable programs
Self-guided treatments



Additional Features:

- 4 time intervals (20, 40, 60, and continuous)
- Pressure hold time variation (1 - 10 sec.)
- Pressure release time variation (10 - 60 sec.)
- Basic Program Sharing
- My Recovery Stats Tracking
- Bluetooth connectivity
- 180 minutes of battery life

Specs:

Dimensions:
8.3 in (L) x 5.4 in (W) x 3.5 in (H) | 3.22 lbs

Precision:
Adjustable Pressure Range (20-100 mmHg) in increments of 10 mmHg*

Gradient Type:
Full Negative

Decompression:
Full and Rapid Release

Cycle Time:
60 second full flush
(2-3x the speed of competitors)

Material:
Medical-grade coated fabric

*Adjustable pressure changes via the Therabody app in increments of 5 mmHg

What's Included:
RecoveryAir Prime pump
Pair of compression boots
Blocker plug (for single garment use)
DC power adapter
Pump Pouch

Compression Boots Sizing Guide

Boot Size	Height	Length Range	Max Width
Small	5'-5'5" 152-169cm	27"-33.5" 70-85cm	27.6" 70cm
Medium	5'6"-6' 170-183cm	31.5"-37.5" 80-95cm	31.5" 80cm
Large	6'-6'6" 183-198cm	35.5"-41" 90-105cm	31.9" 81cm

If you are in-between sizes, we recommend sizing down to ensure the best fit